

Five to Thrive practice observation

Parent's name:

Child's name and age:

Practitioner's name:

Date:

Did you...	Notice or Observe?	Comment?	Explain?	Model?
Respond (noticing, following, mirroring, anticipating, pausing, voice tone, body language)				
Cuddle (engaging, getting close, proximity, touch)				
Relax (soothing, calming, mirroring)				
Play (playfulness, having fun, laughing, serve and return)				
Talk (verbal/non-verbal interaction, reading, singing, tone of voice, body position)				

Further information	
Context of observation This could be in a childcare setting, such as at drop-off or pick-up times; at home, doing routine activities, such as meal times or nappy changing; or out of the house, shopping, socialising, or simply playing.	
Describe What was done to initiate or respond to the child; how did the child respond; how did the child initiate contact with the parent / carer?	
Optional additional information remembering CONFIDENTIALITY How long you have known them, and how? Is it the first visit? What were their thoughts / feelings / comments? Did you use any of the FTT resources, if so how, and how will you develop this?	
Your reflections	