Did you know you can use Five to Thrive whilst waiting for therapeutic support?

Therapeutic support and Five to Thrive are complimentary to each other as they focus on the importance of healthy brain development. Five to Thrive uses simple easy to remember blocks to build safe, secure and loving relationships. If you’re waiting for specialist support, give five to thrive a try.



**For more information, please visit** [**FamilyHubsLeicestershire.org.uk**](https://leics.sharepoint.com/sites/fivetothrivefamilyhelp/Shared%20Documents/03%20Phase%201%20-%20Family%20Help%200-19%20%28Sept%202024%20-%20March%202025%29/resources/FamilyHubsleicestershire.org.uk)