



Are you a professional concerned about a child's mental health?



Encourage parents/carers and/or the young person to call **NHS 111** option 2 or visit <https://111.nhs.uk/> if they need urgent support



GP's can refer young people to **CAMHS Crisis Team** by calling 0116 295 0485.



Only advise them to attend Accident and Emergency if they **need urgent medical intervention.**



SCAN ME!
for further guidance

For targeted support for young people created by professionals, please visit www.healthforteens.co.uk