

LGBTQ+ Group

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Voice work on being Transgender

“I wish people understood being trans isn’t an easy thing. It’s actually really hard dealing with all the dysphoria and struggles of being misgendered and judged even by some of the people closest to you”

boy.”

“Sometimes I hate being trans and people can be mean about it. I wish I was born a boy.”

“I just want to get to a point where I resemble a girl enough where I can just say “I’m a girl” instead of having to explain I’m trans. To me I don’t like being called trans as that’s not who I am I’m a girl.”

“I have to say my mum was accepting of me being transgender. I’m not sure about my dad though. He kept calling me his “son” but now he just calls me his “young person” and that hurts. I often think he doesn’t accept me for who I am as much as he shows”

“It really is hard, especially when you’re so disconnected from your physical self that it comes as a surprise when people misgender you, because you’re so disconnected from that part of yourself, It hurts a lot and just acts as a reminder that there will always be a word in front of who you know you are”

“Trans media is hard to watch because most of the time it’s not accurate and most trans people don’t even want to be known as trans. I think my issue is I hate being extremely loud about my identity because my whole point of transitioning is for nobody to tell.”

“Transgender groups scare me because it’s like a small secret where everyone in it only knows each other is trans that’s why I was nervous to come because having people know scares me. I tried everything to keep it quiet and these groups are very emotionally vulnerable”

“The issue isn’t having to say you’re trans, it’s the fact nobody can get a grip that men can be feminine, and women can be manly, that’s why there’s a label for transgender I think because it’s a label you’re expected to announce”

“I’ve had teachers try to out me due to people trying to get into a relationship, people having that information is overpowering.”

“I just know that from my view my whole point is to not even have the trans label. Where I never have to explain that.”

“There is one thing I always say. Never focus on the people who misgender and bully you. Focus on the ones who accept you and see you for who you really are”